PHYSICAL EDUCATION CLIL - LESSON PLAN			
Class: Year 1 Content area: Games			
Time: 40 minutes			
Objectives			
	The pupils will be expected to:  1. Throw and catch different objects in vario safely and without dropping them (emphasis on ball, arms ready to catch the ball, open half "nest").	on eyes	
	<ol> <li>Pass safely the ball to their pair.</li> <li>Develop strategies of invasion games: "stea ball, position self between opponents, defense</li> </ol>	_	
	<ul> <li>4. Describe the way they throw and catch different objects.</li> <li>5. Work in pairs and in small groups.</li> <li>6. Follow simple game rules.</li> </ul>		
	To be able to understand, recognize and follow ins		
	such as: touch, throw, catch, look at, up in the air, toss, pass the ball, steal the ball.		
	To be able to understand, recognize and follow ins	structions	
	such as: find a magic spot, come here, stand up, sit down, rur go back, walk, run, gallop, skip, hop, cones, bean be colors, numbers, pair, group, change pair, head, knew shoulders, back, arms.	pag, ball,	
Materials	small cones, bean bags, small soft balls, big soft balls skeleton balls.	,	
Procedure			
	Start/Goal-setting		
Introduction	Good morning! Good morning! How are you? {2 times}	(L1,L2)	
	I'm fine! I'm fit! I hope that you are too!		
	The pupils in a circle discuss with the teacher the aims of the lesson and what is expected of them. "Σήμερα θα ρίξουμε και θα πιάσουμε διάφορα υλικά ατομικά και σε ζευγάρια, χωρίς να μας πέσουν".		
	On the teachers signal they go to their home-box and find a magic spot.	(L2)	

## Warm Up Game: "Simon Says..."

- The pupils move around in their 'house' in different ways: walk, run, skip, hop, gallop.
- They get in pairs. The pupils standing at the green cone chase, in their house, the pupils standing at the red cone and try to touch them. Each time on the teacher signal, they change roles and the chaser tries to touch the other pupil on:
  - a. shoulder, b. back c. knee.

Change pair: The pupils standing at green cones change place with opposite pupil standing at a green cone.

# Activity 1: "Throw and Catch Objects Individually"

The teacher asks the pupils to pick up the object on their cone and throw, catch it in the air. "Find different ways to throw and catch your ball/bean bag".

(There are bean bags, small soft balls, big soft balls, skeleton balls.)

The teacher stops the pupils and asks them to look at her. She shows them the way to throw and catch saying:

"Look at your bean bag, look at your ball, throw it up in the air, open hands, catch".

# The pupils repeat the action saying: Throw-Catch (4 times).

#### **Practice**

Presentation

The teacher stops the pupils and asks them to:

- Throw with two hands and catch with two hands. Repeating: Two-Two (4 times)
- Throw with one hand and catch with two hands. Repeating: One-Two (4 times)

While practicing, the teacher reminds the pupils the way of throwing and catching. Remember: "Look at your bean bag, look at your ball, throw it up in the air, open hands, catch".

### "Describe and Repeat"

 The teacher nominates pupils to show and describe the way they throw and catch their object. (L2)

(L2)

	<ul> <li>The teacher asks a few pupils to throw their object in a specific way and the rest of the pupils to describe it.</li> <li>Each time all the pupils act out what their classmates show.</li> <li>Change pair: The pupils standing at red cones change place with another pupil standing at another red cone.</li> </ul>	(L2)
	Activity 2: "Look and Do"  The pupils get in pairs. Pupils standing at green cone throw their object in a specific way, (2-2 or 1-2) and the pupils at red cones repeat the action. They then change roles. The teacher walks around, observes their work and gives feedback.	
	Activity 3: "Pass Object in Pairs"  The teacher asks the pupils standing at red cone to leave their object on the cone and play throw and catch with their pair.	(L2)
	The teacher stops the pupils and asks them to look, she demonstrates throw and catch with pair saying: "Look at your bean bag, look at your ball, throw it up in the air, look at your pair, straight open hands, catch". The pupils practice 2 times, they then repeat the action 3 times and then 5 times trying to keep the object in the air.	
	Activity 4: "Fish Game"  The pupils get in groups of four. One pupil takes the role of the fish and stands in the middle. The other three stand around him/her. The fish-pupil tries to "steal" the ball while the other pupils pass it over him/her. When the fish-pupil "steals" the ball the pupil that missed takes his/her place.	
Evaluation	Last Activity: "Chasing Game" Rules: Four pupils chase the others. The chasers hold small soft balls. The pupil whom they touch with the soft ball becomes a chaser, they change roles and the new pupil-chaser gets the soft ball.	(L2)
End/Plenary	The pupils sit in a circle and discuss with the teacher the lesson (what they did, what to remember, what they liked, their behavior, what can be improved etc.).	(L1,L2)